



**Special Olympics**  
Northern California

**Shasta County  
2008 Practice Schedule**

| <b>Region: Northeast</b> |  |  | <b>Area: Shasta</b> |              |                       |
|--------------------------|--|--|---------------------|--------------|-----------------------|
| <b>Sport</b>             | <b>Location</b>  | <b>Head Coach</b>                          | <b>Days</b>         | <b>Times</b> | <b>Practice Dates</b> |
| Basketball               | YMCA<br>1155 North Court St.<br>Redding                    | Bob<br>Lemon/Keresia<br>Wright             | Thurs.              | 4:00-5:15pm  | January→April         |
| " "                      | YMCA<br>1155 North Court St.<br>Redding                    | Bob<br>Sunter/Mike<br>Ramos                | Sun                 | 2:00-3:00pm  | January→April         |
| " "                      | YMCA<br>1155 North Court St.<br>Redding                    | Denise<br>Caldwell                         | Sun.                | 12:30-1:00pm | January→April         |
| " "                      | YMCA<br>1155 North Court St.<br>Redding                    | Becky<br>Youngblood/<br>Frank Barnard      | Sun.                | 1:00-2:00pm  | January→April         |
| " "                      | YMCA<br>1155 North Court St.<br>Redding                    | Tolisha Hardley                            | Sun.                | 1:00-2:00pm  | January→April         |
| " "                      | YMCA<br>1155 North Court St.<br>Redding                    | Mike Spoon                                 | Sun.                | 2:00-3:00pm  | January→April         |
| " "                      | YMCA<br>1155 North Court St.<br>Redding                    | Bill<br>Caldwell/Kurt<br>Tollefont         | Sun.                | 3:00-4:00pm  | January→April         |
| " "                      | YMCA<br>1155 North Court St.<br>Redding                    | Bob<br>Remley,Vince<br>Reiser              | Sun.                | 4:00-5:15pm  | January→April         |
| " "                      | YMCA<br>1155 North Court St.<br>Redding                    | Mike<br>Lemon/Chrissy<br>& Clay            | Sun.                | 4:00-5:00pm  | January→April         |
| " "                      | YMCA<br>1155 North Court St.<br>Redding                    | Bob Lemon                                  | Sun.                | 4:00-5:00pm  | January→April         |
| " "                      | YMCA<br>1155 North Court St.<br>Redding                    | Darlene<br>Emerton                         | Sun.                | 12:30-1:00   | January→April         |
| " "                      | YMCA<br>1155 North Court St.<br>Redding                    | Ryan Adams                                 | Sun.                | 3:00-4:00pm  | January→April         |
| Soccer                   | Parsons Junior High School<br>750 Hartnell Ave.<br>Redding | Bill &Denise<br>Caldwell/<br>Chrissy Lemon | Mon.                | 6:00-7:30pm  | August→>November      |
| Gymnastic                | Nor Cal Gymnastics<br>4425 Tenaya Ct.<br>Redding           | Echo Keyser                                | Thur.               | 7:00-8:30pm  | Jan→April             |
| Aquatics                 | YMCA<br>1155 North Court St.<br>Redding                    | Jackie Bagley                              | Sun                 | 4:00-5:00pm  | April→June            |

|            |  |                                 |     |             |                 |
|------------|--|---------------------------------|-----|-------------|-----------------|
| Volleyball | YMCA<br>1155 North Court St.<br>Redding            | Bob Lemon                       | Sun | 1:00-2:30pm | April→June      |
| Softball   | Mistletoe School<br>1155 Mistletoe Land<br>Redding | Bob<br>Lemon/John<br>Winterburn | Sun | 1:00-2:30pm | June→ September |
| Golf       | Various Golf Courses                               | Bill Caldwell                   | Wed | 6:00-7:30pm | April→August    |

For more information about our Special Olympics Program in Shasta County, please contact Volunteer Area Director, Denise Caldwell, at 530.241.3060